

Mon

Baby Massage

0– crawling age
In Centre
26th Apr –17th May
11am-12pm

Booking only

**Citizens Advice
Bureau**

Telephone Advice
9-5pm

Please contact the centre

Get Ready for ESOL: Entry

1

Mon/Fri
19th Apr– 9th Jul
10am –12pm

**North Middlesex
Hospital Antenatal/
Postnatal Clinic**

8am-4pm

Appointment only
Please contact the mid-

**Breast feeding
Support**

10.00-3.00pm

Booking only

Tues

**Focus Group
Activities**

0-4 year olds
In Centre
10.30am-11.30pm

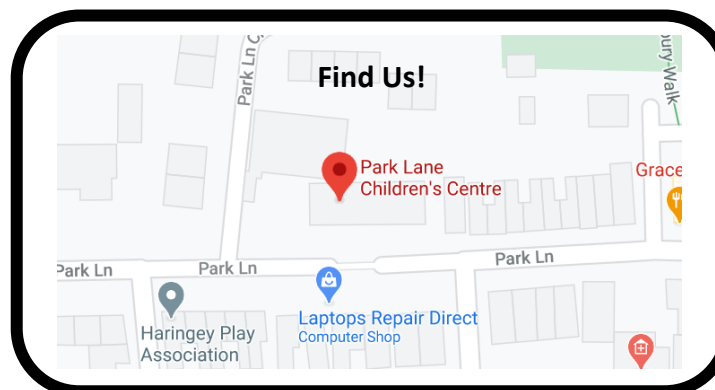
Booking only

**WEA Get Ready for
ESOL: Entry 2**

Tues/Thurs

20th Apr– 6th Jul
10am –12pm

Booking only



Park Lane Nursery and Children 's Centre

139 Park Lane, Tottenham, N17 0HB Tel: 0208 489 4945

Email: parklane.childrenscentre@haringey.gov.uk

We work in partnership with the community to provide support

Wed

**Parent Support
Surgery**

9.30am-11.30am

Booking Only

**HALS Parenting
Programme**

Online Via Zoom
19th May– 23rd Jun
10am-12pm

Booking only

**Online Story and
Rhyme**

0-4 years old
Online via Zoom
11.30am-12pm

Booking Only

**Parent and Child
Yoga**

In Centre
12th May-2nd Jun
11am-12pm

Booking only

Thur

**Whittington
Hospital Antenatal/
postnatal Clinic**

9.30-5pm

Appointment only
Please contact the mid-
wife.

**A Bag of Taste
Cooking healthy meals on a
budget**

Virtual Via WhatsApp
Week commencing 19th
April

Booking only

**WEA Get Ready for
ESOL: Entry 2**

Tues/Thurs
20th Apr– 6th Jul
10am –12pm

Booking only

Plant, Grow, Eat

In Centre
Once a Month
22nd Apr, 27th May, 24th
Jun, 15th Jul
9am-10.30pm

Booking Only

Fri

**Parent Support
Surgery**

9.30am-11.30am

Booking Only

**WEA Community
Interpreting
Taster**

Online Via Zoom
14th May
12.30pm-2.30pm

Booking only

**WEA Community
Interpreting
Level 1 & Level 2**

Online Via Zoom
21st May
12.30pm-2.30pm

Booking only

**Get Ready for ESOL:
Entry 1**

Mon/Fri
19th Apr– 9th Jul
10am –12pm